

The Mourning Handbook: A Complete Guide For The Bereaved

The author of The Grieving Child presents an accessible, comprehensive source of practical advice on grief and the mourning process, focusing in particular on the complicated grief that accompanies accidental death, suicide, missing persons, and secrets uncovered after death

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10/10/2013

The Mourning Handbook-Helen Fitzgerald 2013-10-01 No one should be left to grieve alone Even with the help of friends and family, grieving the death of a loved one can be a complex, sometimes overwhelming, process. The Mourning Handbook is written as a companion to those mourners in need of practical and emotional assistance during the trying times before and after the death of a loved one. Having counseled thousands of people who have experienced loss, Helen Fitzgerald gives special attention to the complex emotions that can accompany especially traumatic situations, such as when a loved one has been murdered, when there have been multiple deaths, when a body has not been recovered, or when the mourner has been the inadvertent cause of death. Designed to conform to the special needs of the bereaved, The Mourning Handbook is written and organized in an accessible style punctuated by real stories of people who have experienced every kind of loss. With many subchapters and cross references, it can be consulted for a specific problem or read at length.

10/10/2013

Ministering to the Mourning-Warren W. Wiersbe 2006-04-01 Formerly titled Comforting the Bereaved, this practical, insightful guide gives direction to pastors and lay-leaders of all levels of experience. Included are recommended Scriptures to read; an explanation of the stages of grief; approaches to conducting funerals in special circumstances such as suicide, victims of crime, multiple family deaths, or when the deceased is unknown to the pastor; signs of healthy and unhealthy grief, and how to help survivors cope. This new edition contains a chapter on ministering to victims of terrorism. It is also recommended for chaplains and hospice caregivers.

10/10/2013

The Complete Idiot's Guide to Life After Death-Diane Ahlquist 2007-07-03 Get an (after) life! A belief in the afterlife is common to almost every faith and culture around the world. Even people who don't consider themselves 'spiritual' share a fascination in life after death. In this powerful guide, author and intuitive Diane Ahlquist shares her own knowledge of the subject, as well as the views of such religious and spiritual leaders as Edgar Cayce and the Dalai Lama.

10/10/2013

Death & Dying, Life & Living-Charles A. Corr 2012-01-01 Practical and inspiring, this field-leading book helps students learn how to navigate encounters with death, dying, and bereavement. The authors integrate classical and contemporary material, present task-based approaches for individual and family coping, and include four substantial chapters devoted to death-related issues faced by children, adolescents, young and middle-aged adults, and older adults. The book discusses a variety of cultural and religious perspectives that affect people's understanding and practices associated with such encounters. Practical guidelines for constructive communication are designed to encourage productive living in the face of death. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

10/10/2013

Handbook of the Sociology of Death, Grief, and Bereavement-Neil Thompson 2017-04-28 The Handbook of the Sociology of Death, Grief, and Bereavement sets issues of death and dying in a broad and holistic social context. Its three parts explore classical sociology, developments in sociological thought, and the ways that sociological insights can be useful across a broad spectrum of grief-related topics and concerns. Guidance is given in each chapter to help spur readers to examine other topics in thanatology through a sociological lens. Scholars, students, and professionals will come away from the handbook with a nuanced understanding of the social context -cultural differences, power relations, the role of social processes and institutions, and various other sociological factors - that shape grief experiences.

10/10/2013

The Complete Guide to Crisis & Trauma Counseling-H. Norman Wright 2011-12-14 Many pastors and lay counselors have had minimal training in clinical methods of grief and trauma counseling. The Complete Guide to Crisis and Trauma Counseling is a biblical, practical guide to pastoral counseling written by one of the most respected Christian therapists of our time. Dr. H. Norman Wright brings more than forty years of clinical and classroom experience to this topic. He shares real-life dialogues from his decades in private practice to demonstrate healthy, healing counseling sessions. Readers will learn how to counsel and coach both believers and nonbelievers who are in crisis, how to walk alongside them through the hours, weeks, and months following their trauma, and how to help them find the path to complete restoration.

10/10/2013

Beyond Grief-Carol Staudacher 1988 It is the most natural thing in the world to grieve for someone who has died, but people experience grief in many different ways and the symptoms are not always recognised for what they are. This book, with its warm, practical approach, can provide the help that is often needed to come through.From her own experience of grief and from her professional work as a grief consultant, Carol Staudacher reaches out to help the grieving understand and come to terms with their feelings. They may go through stages of disbelief, anger, guilt, fear, despair and confusion, and they need to realise that there is nothing shameful about any of these, that they can be rechannelled into positive, healing emotions.Each type of loss brings its own particular grief. In each case the author discusses frankly and sympathetically all aspects of the grieving process, even those that people may hesitate to air in public. She encourages the reader to talk and write about the bereavement, showing how friends and families can help each other, and she gives practical advice on the legal and financial matters that may arise.Filling a huge gap in the literature on bereavement, Beyond Grief will bring comfort and hope at a time when it is most needed. It looks at grief in the raw and helps the bereaved person to face life with renewed strength and optimism.

10/10/2013

Life-span Perspectives on Health and Illness-Thomas L. Whitman 1998-12-01 This volume offers a comprehensive and conceptually integrated overview of the changing biological, psychological, and social/environmental influences on health and illness from the prenatal period through infancy, childhood, adolescence, and adulthood. Based on the premise that protective and risk factors vary with life stage, several chapters examine the development of major biological systems and the changing role of genetics and environment over time. In addition, they provide information on environmental influences during the prenatal period and early childhood, chronic illness in childhood, and health and health risks in adolescence. Chapters on adulthood give special emphasis to mid-life transitions in health, resiliency in later life, and the impact of caregiving on health. Final chapters focus on death and dying and on an integrative model of health and illness across the life span.

10/10/2013

The Wise Inheritor-Ann Perry 2003-06-10 The complete guide for managing the financial, legal, and emotional issues of inheritances large and small. A death in the family is never easy, but receiving an inheritance, whether expected or not, can leave heirs feeling overwhelmed and even guilty at this change in their fortunes. Ann Perry's insightful examination of the challenges make managing a bequest a little easier. Combining her practical know-how as a personal finance writer, the expertise of financial advisors, attorneys, and psychologists, and the wisdom gained from her personal inheritance experience, Perry deftly deals with such touchy subjects as selling the family homestead, divvying up property in "blended families," parceling out heirlooms, dividing a family business, and sharing—or not sharing—an inheritance with a spouse. With refreshing candor, Perry addresses the guilt, grief, and unrealistic fantasies that can keep heirs from making the most of their windfalls, and also explores the unique, even life-changing, opportunities that a bequest can present. An excellent tool for estate planning, as well, this is essential reading for those who are writing their wills as well as those who are remembered in one.

10/10/2013

Doors Close, Doors Open-Morton A. Lieberman 1996 Drawing on years of research and interviews with hundreds of widows and widowers, a distinguished psychologist discusses the grieving and recovery process, explaining how the widowed create new lives, develop a new sense of self, and discover new strengths within themselves.

10/10/2013

Counseling Widowers-Jason M. Troyer 2014-04-24 Working with widowers can be one of the most challenging parts of a therapist's career. Despite the need for better research and professional guidance, therapists have often been left alone to confront a group struggling with high rates of suicide, mortality, physical health problems, and depression. Counseling Widowers builds from the latest developments in grief research and men's studies to bridge the gap between counseling practice and the needs of bereaved men. In these pages, therapists will find tools for adjusting their clinical strategies to work more effectively with these men. Through a more empathic understanding of widowers, therapists can help them build from their strengths as they face the loss of their partner.

10/10/2013

What to Do When a Loved One Dies-Eva Shaw 2005-06 As an all-encompassing approach to grief management, assists with every detail, from the daily realities to the long-term adjustments. - Immediate action to take, the death certificate, organ donation, autopsy, transporting the body; Understanding your options for funerals and memorial services, costs, contracts, etc.; Coping with the emotional upheaval from the death of a parent, spouse, child, etc.; Living through suicide, homicide, still birth, death from a terminal illness, etc.; Where to find emotional support and how to work through grief; The practical matters of trusts, wills, probate, and estates, taxes, etc.; When death occurs away from home.

10/10/2013

Psychotherapy with Older Adults-Bob G. Knight 2004-02-20 This Third Edition of the bestselling Psychotherapy with Older Adults continues to offer students and professionals a thorough overview of psychotherapy with older adults. Using the contextual, cohort-based, maturity, specific challenge (CCMSC) model, it draws upon findings from scientific gerontology and life-span developmental psychology to describe how psychotherapy needs to be adapted for work with older adults, as well as when it is similar to therapeutic work with younger adults. Sensitively linking both research and experience, author Bob G. Knight provides a practical account of the knowledge, technique, and skills necessary to work with older adults in a therapeutic relationship. This volume considers the essentials of gerontology as well as the nature of therapy in depth, focusing on special content areas and common themes.

10/10/2013

Dying to Know-Andrew Anastasio 2007 We're all dying. Sooner or later we're going to croak, kick the bucket, give up the ghost, cash in our chips, shuffle off, bow out or go to our happy hunting ground. It's the one thing we all have in common. Yet no one seems to want to talk about it. Well, the people at Pilotlight do. Unlike our ancestors, for whom dying was an important part of living, many of us will face death without any innate spiritual insight. When someone dies, no one seems to know what to say. Dying to Know aims to change all that. Based on the bestselling CHANGE THE WORLD FOR TEN BUCKS, Dying to Know is a collection of conversation starters and idea buds partnered with practical information, quirky facts and specialist advice that lifts the lid on death: planning a personalised funeral; designing and decorating your own coffin; organ donation; coping with the pain of loss; creating online memorials; strange mortuary practices; avoiding teenage suicide; making setting up a Will fun; helping children cope with death; things to do before you die; and a host of other topics. Each is presented in a double-page spread and aims to empower, inspire and, at times, amuse the reader. The book is also designed as a resource that links the reader to a vast range of services and organisations u everything from mortician's courses to statutory information about Wills. How do you ask Granddad if he wants the Collingwood theme song played at his funeral? Should you tell loved ones you're donating your organs? Why did ancient Greeks bury their dead with a coin in their mouth? Can you be buried in a cardboard box?

10/10/2013

What Happens When Someone Dies?-Michaelene Mundy 2014-10-28 The author of the top-selling Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing With Loss here helps children as they first experience the reality—and the mystery—of death and funerals. She carefully explains to children how we celebrate the life of a departed one through both sadness and joy. A sampling of the titles of the various booklet sections: Why Do People Die? Does It Hurt to Die? What Happens at the Funeral Home? What Will It Be Like at the Church Service? What Happens at the Cemetery? What Can I Do About My Sad Feelings? What Will Heaven Be Like? When Will Everything Be OK Again? Through her experience as a counselor, teacher, mother, and accomplished children's author, Michaelene Mundy here offers a loving and truly helpful guide for kids.

10/10/2013

Good Night Kendrick, I Love You-Rhonda Fincher 2011-01-20 On the day he registered for eighth grade at his new school in March 1995, six-foot, two-hundred-twenty-pound Kendrick Fincher was followed out of school by the football coach who recognized a good player when he saw him. A few months later, Kendrick left for summer football camp and changed the course of his young life forever. On August 7, 1995his first day of football practiceKendrick suffered a heat stroke. For the next eighteen days, his parents watched as he lay in a drug-induced coma fighting for his life. On August 25, 1995, Kendrick died from multi-system organ failure, leaving his parents shocked and traumatized. Desperate for comfort, his mother, Rhonda, began writing heartfelt letters to Kendrick, now shared in her poignant memoir written to help others better understand the grieving process. Through her words to Kendrick, Rhonda learned to face her grief head-on, shares the raw emotions that surfaced daily, and eventually realizes that keeping her own hope alive is what will save her in the end. Good Night Kendrick, I Love You shares one mothers emotional journey as she slowly learns to live again after losing her beloved son to a tragic and untimely death.

10/10/2013

Friendgrief-Harold Ivan Smith 2018-09-17 This book not only examines friendgrief from a theoretical and clinical framework, but also Smith offers fascinating vignettes from the lives of well-known friendgrievers such as Elton John, Diane Sawyer, Ralph Abernathy, C. S. Lewis, Harry Truman, Tommy Lasorda, Jimmy Carter, Fritz Mondale, Bill Clinton, Calvin Trillin, and Alan King. The author includes moving narratives of numerous individuals who have never gained notoriety but have become seasoned friendgrievers.

10/10/2013

Grief Therapy with Latinos-Carmen Vazquez, PhD 2011-01-28 "We recommend this work for both bilingual counselors and for mono-lingual counselors in schools and clinical settings. The grief counseling techniques are clearly explained and are accessible even to those who have not been extensively trained in the areas of loss and grief."--Illness, Crisis and Loss "Grief Therapy with Latinos: Integrating Culture for Clinicians advances the field of grief therapy by offering a culturally sensitive model for Latino/as. Rich in theory and practice, this book offers a culturally congruent approach to grief therapy. Theauthors present an effective model that teaches therapists how to comprehend Latino/as' mourning in Spanish.' Grief Therapy with Latinos: Integrating Culture for Clinicians can serve as a graduatetextbook as well as a reference for novice and seasoned clinicians."--Lillian Comas-Diaz, PhD, in Psychoanalytic Psychology This book serves as both a graduate textbook and clinical reference that helps in the understanding of relevant cultural values and their effect on the grieving process. Grief Therapy with Latinos also addresses the application of specific interventions in a culturally appropriate manner, including the importance of language in grief therapy, psychology, and counseling with a Latino population. The main focus of this book is to identify underlying pathologies, depressions, or anxieties that could have existed before, and the relevance of the cultural components that can interfere with the adaption to and the resolution of grief. Written in three parts-specific cultural and psychological components of Latino grief, the many faces of grief, and grief within the family context-each part demonstrates a clear hands-on approach to how to respond to Latino patients and addresses aspects universally related to grief and psychological points of view. Key features: Addresses culturally specific and diverse narratives of loss to illustrate cultural revelations in the grief process and the clinical assessment of denial and spirituality Discusses the relevance of language in the expression of grief, assessment, and treatment Presents clear and easy-to-read grief therapy approaches and methods Includes adaptations of traditional psychotherapeutic techniques, incorporating relevant cultural values

10/10/2013

Human Development-Grace J. Craig 1999 Designed for students from a wide range of backgrounds, this text takes a chronological and interdisciplinary approach to human development. With its focus on context and culture, the 8/E illustrates that the status of human development is inextricably embedded in a study of complex and changing cultures.

10/10/2013

Dying Well-Rabbi Julia Neuberger 2018-04-19 This book explores the Care Trust concept promoted by central government for improving partnership working between health and social care. Using case studies and examples to raise current issues related to partnership working it explains how Care Trusts are bridging the gap between health and social care and considers how they are delivering more co-ordinated services and improved outcomes. All healthcare and social care professionals with responsibility for involved in or affected by the new partnership working arrangements will find this book useful reading.

10/10/2013

The Perfect Stranger's Guide to Funerals and Grieving Practices-Stuart M. Matlins 2000 This complete guide provides all the answers you need to express your condolences and show your respect in the appropriate way regardless of the religious tradition involved, addressing many common concerns about ceremonies and etiquette.

10/10/2013

The Routledge Handbook of Death and the Afterlife-Candi K. Cann 2018-06-27 This Handbook traces the history of the changing notion of what it means to die and examines the many constructions of afterlife in literature, text, ritual, and material culture throughout time. The Routledge Handbook of Death and the Afterlife is an outstanding reference source to the key topics, problems, and debates in this exciting subject. Comprising twenty-nine chapters by a team of international contributors, the Handbook is divided into three parts and covers the following important themes: The study of dying, death, and grief Disposal of the dead: past, present, and future Representations of death: narratives and rhetoric Youth meets death: a juxtaposition Questionable deaths and afterlives: suicide, ghosts, and avatars Material corpses and imagined afterlives around the world Within these sections, central issues, debates, and problems are examined, including: the world of death and dying from various cultural viewpoints and timeframes, cultural and social constructions of the definition of death, disposal practices, and views of the afterlife. The Routledge Handbook of Death and the Afterlife is essential reading for students and researchers in religious studies, philosophy, anthropology, and sociology.

10/10/2013

A Parent's Guide to Raising Grieving Children-Phyllis R. Silverman 2009 When children lose someone they love, life is never the same. In this sympathetic book, the authors advocate an open, honest approach, suggesting that our instinctive desire to "protect" children from the reality of death may be more harmful than helpful.

10/10/2013

The Death Penalty-Joseph Anthony Melusky 2017 Does the possibility of being put to death deter crime? Do the methods of execution matter? Is it possible for a state-ordered execution to be botched? Are innocent people ever sent to death row? Are there racial biases or other prejudices associated with the death penalty? This book examines the history of capital punishment in the United States; describes the significant issues, events, and cases; and addresses the controversies and legal issues surrounding capital punishment, making this important topic accessible to a wide range of readers. The book presents both sides of the argument on whether capital punishment should continue or be abolished, looking at the evidence regarding whether it is necessary for carrying out justice and deterring violent crime or whether the practice is inhumane, ineffective, biased in its application, and costly. Readers will gain insights into how capital punishment should be used, if at all; whether effective safeguards are in place to ensure that only the guilty receive the death penalty; what crimes deserve this sentence; whether juveniles or individuals with diminished mental capacity should ever be sentenced to death; potentially viable alternatives to the death penalty; and the hidden costs involved in our capital punishment system that make it so expensive. The book also contains primary documents relevant to capital punishment, such as excerpts from documents like the U.S. Constitution, the Hittite case laws, and the Code of Hammurabi, as well as descriptions of and excerpts from key cases decided by the U.S. Supreme Court.

10/10/2013

I Wasn't Ready to Say Goodbye Companion Workbook-Brook Noel 2003 A companion workbook to the bereavement classic.

10/10/2013

Handbook of Hospice Policies and Procedures-Marilyn D. Harris 1999 PART OF THE NEW JONES & BARTLETT LEARNING INFORMATION SYSTEMS SECURITY & ASSURANCE SERIES!Security Strategies in Linux Platforms and Applications covers every major aspect of security on a Linux system. Written by an industry expert, this book is divided into three natural parts to illustrate key concepts in the field. It opens with a discussion on the risks, threats, and vulnerabilities associated with Linux as an operating system using examples from Red Hat Enterprise Linux and Ubuntu. Part 2 discusses how to take advantage of the layers of security available to Linux--user and group options, filesystems, and security options for important services, as well as the security modules associated with AppArmor and SELinux. The book closes with a look at the use of both open source and proprietary tools when building a layered security strategy for Linux operating system environments. Using real-world examples and exercises, this useful resource incorporates hands-on activities to walk students through the fundamentals of security strategies related to the Linux system.

10/10/2013

A Beginner's Guide to the End-BJ Miller 2019-07-16 "I wish I'd had this book when I needed it. Death and dying are not subjects that many people are comfortable talking about, but it's hugely important to be as prepared as you can be - emotionally, physically, practically, financially, and spiritually. This book may be the most important guide you could have." - Elizabeth Gilbert, author of Eat Pray Love The end of a life can often feel like a traumatic, chaotic and inhuman experience. In this reassuring and inspiring book, palliative care physician Dr BJ Miller and writer Shoshana Berger provide a vision for rethinking and navigating this universal process. There are plenty of self-help books for mourners, but nothing in the way of a modern, approachable and above all useful field guide for the living. And all of us - young, old, sick and well - could use the help. After all, pregnant couples have ample resources available to them as they prepare to bring a new life into the world: Lamaze courses, elaborate birth plans, tons of manuals. Why don't we have a What to Expect When You're Expecting to Die book? An accessible, beautifully designed and illustrated companion, A Beginner's Guide to the End offers a clear-eyed and compassionate survey of the most pressing issues that come up when one is dying, and will bring optimism and practical guidance to empower readers with the knowledge, resources and tools they'll need to die better, maybe even with triumph.

10/10/2013

When Your Pet Dies-Alan D. Wolfelt 2004-04-01 Affirming a pet owner's struggle with grief when his or her pet dies, this book helps mourners understand why their feelings are so strong and helps them overcome the loss. Included are practical suggestions for mourning and ideas for remembering and memorializing one's pet. Among the issues covered are understanding the many emotions experienced after the death of a pet; understanding why grief for pets is unique; pet funerals and burial or cremation; celebrating and remembering the life of one's pet; coping with feelings about euthanasia; helping children understand the death of their pet; and things to keep in mind before getting another pet.

10/10/2013

The Ready Book-Catherine I. Katz 2019-03-26 Alarms are going off all over town. You must evacuate your home immediately due to an encroaching wildfire. What do you take with you? Your 21 year-old son fell off a ladder. He needs emergency medical treatment but is not conscious or capable of giving consent. Who has the legal right to make decisions for him? What would he want? While on a train in Europe, your daughter's passport and credit cards are stolen. How can you help her? You were the one who paid the bills and managed the family finances. Following your unexpected death, your husband hasn't a clue where to begin. How can you make it easier for him to take over before a financial emergency compounds the problem? Help your family survive an emergency or handle a death by preparing now. Attend to your family records. Compile your READY BOOK, gathering documents step-by-step, first things first. Prepare for an evacuation, for helping your aging parent, or for sustainable retirement planning. Develop living resilience. Make a READY BOOK today.

10/10/2013

I Look To The Mourning Sky-Liz Newman 2021-12-13 I Look To The Mourning Sky: A Book of Poems and Writing Prompts for the Grieving Heart is a collection of poems for anyone who has experienced the immensity of loss. Its poems are written through the first year of grief and they seek to acknowledge the pain and complexity of this journey, which can be so isolating and overwhelming. While grief is a lifelong experience, it is something that is constantly changing and evolving. Its landscape is unpredictable and unrelenting. I Look to the Mourning Sky is a collection that seeks to meet people in the storms of their sadness and remind them that they aren't alone. Also included are twelve writing prompts centered around grief and processing. Whether your grief is fresh or you can't imagine a time you weren't carrying it, these poems and prompts are written with the goal of giving you a safe space to feel the ups and downs of loss and to heal in your own way at your own pace. Whether you are an avid writer or can't remember the last time you ever put pen to paper, these prompts are designed for you: to write your story, to share your story, to make sense of the things you don't say aloud. The love you still have for who and what you've lost is so deeply important. The chapters of their love and the pages of memories are yours to keep. Your grief, their story, and how it's helped you write yours: it matters. It all matters. I hope this helps you on your journey.

Jewish Every Day-Maxine Segal Handelman 2000 Written in a warm and understanding tone this guide takes the best in secular early childhood education and applies it to Jewish early childhood education.

The Book Thief-Markus Zusak 2007-12-18 #1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE’S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can’t resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —The New York Times “Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank.” —USA Today DON’T MISS BRIDGE OF CLAY, MARKUS ZUSAK’S FIRST NOVEL SINCE THE BOOK THIEF.

Death and Bereavement Across Cultures-Colin Murray Parkes 2003-09-02 All societies have their own customs and beliefs surrounding death. In the West, traditional ways of mourning are disappearing, and though science has had a major impact on views of death, it has taught us little about the way to die or to grieve. Many who come into contact with the dying and the bereaved from other cultures are at a loss to know how to offer appropriate and sensitive support. *Death and Bereavement Across Cultures*, provides a handbook with which to meet the needs of doctors, nurses, social workers, counsellors and others involved in the care of the dying and bereaved. Written by international authorities in the field, this important text: * describes the rituals and beliefs of major world religions * explains their psychological and historical context * shows how customs change on contact with the West * considers the implications for the future This book explores the richness of mourning traditions around the world with the aim of increasing the understanding which we all bring to the issue of death.

The Guide to Pet Loss Resources-David Charles Anderson 2005

The Everything Understanding Islam Book-Christine Huda Dodge 2009-04-18 Muslim convert Christine Huda Dodge possesses a unique foot-in-each-world perspective on Islam. With her comprehension of Islam and her understanding of the kinds of questions and issues that perplex Westerners, she is the perfect guide to: The life of Muhammad the Prophet The Qur’Ean and the Sunnah The five pillars of practice Muslim daily life Women and Islam This guide is ideal for casual readers and students alike. Authoritative, accessible, detailed, and celebratory, it covers everything from basic beliefs and practices to the Islamic influences on Western civilization.

Death and Bereavement Across Cultures-Pittu Laungani 2003-09-02 All societies have their own customs and beliefs surrounding death. In the West, traditional ways of mourning are disappearing, and though science has had a major impact on views of death, it has taught us little about the way to die or to grieve. Many who come into contact with the dying and the bereaved from other cultures are at a loss to know how to offer appropriate and sensitive support. *Death and Bereavement Across Cultures*, provides a handbook with which to meet the needs of doctors, nurses, social workers, counsellors and others involved in the care of the dying and bereaved. Written by international authorities in the field, this important text: * describes the rituals and beliefs of major world religions * explains their psychological and historical context * shows how customs change on contact with the West * considers the implications for the future This book explores the richness of mourning traditions around the world with the aim of increasing the understanding which we all bring to the

issue of death.

The Complete Guide to Holistic Cat Care-Celeste Yarnall 2009-09-01 Celeste Yarnall’s time-tested natural and holistic expertise gives cat owners insight into natural alternatives in food, medication, alternative therapies, and healing practices, improving the lives of feline friends and well as their caregivers. With Dr. Jean Hofve, the esteemed holistic veterinarian, she explores nutrition as preventative medicine, vitamin and mineral supplements, herbal remedies, homeopathic treatments, and groundbreaking anti-aging modalities never before published in a pet care guide. *The Complete Guide to Holistic Cat Care* also includes a complete bibliography and a list of suppliers of holistic remedies and services. As with all other pet health guides, it is a comprehensive resource intended to complement veterinary care, not replace it.

The Big Book of Near-Death Experiences-P. M. H. Atwater 2014-04 What really happens when we die? Is there a light at the end of the tunnel? A surprising number of people have died and lived to tell the tale—an estimated 15 million Americans and 4 to 5 percent of the global population have had a near-death experience. *The Big Book of Near-Death Experiences* is the encyclopedia of this phenomenon, including crucial research regarding the experience, its aftereffects, and the implications for all of us who someday will shed this mortal coil. This book explores the possibility of the soul, God, other worlds, heaven and hell, the afterlife, religion, and the purpose of life. It investigates and reports on the power of changed lives, the expansion of normal faculties, and the importance of spirituality. With drawings, cartoons, and sidebars from experts, *The Big Book of Near-Death Experiences* is also simple and accessible, designed for the busy reader who wants quick little nuggets of wisdom. If you want to know what lies ahead, this book gives you a road map while exploring and affirming the presence of a spirit and the ultimate power of love.

Men & Grief-Carol Staudacher 1991

Grief Works-Julia Samuel 2018-01-16 “An honest, practical, as well as emotional guide to working through the processing of mourning” (Vogue.com), *Grief Works* is a lifeline for all of us dealing with loss and a handbook to help others—from the “expected” death of a parent to the sudden and unexpected death of a child or spouse. Death affects us all. Yet it is still the last taboo in our society, and grief is still profoundly misunderstood. Julia Samuel, a grief psychotherapist, has spent twenty-five years working with the bereaved and understanding the full repercussions of loss. In *Grief Works*, Samuel shares case studies from those who have experienced great love and great loss—and survived. People need to understand that grief is a process that has to be worked through, and Samuel shows if we do the work, we can begin to heal. “As a guide for the newly grieving, *Grief Works* succeeds on many levels, and the author’s compassionate storytelling skills provide even broader appeal...and consistently hit an authentically inspiring note” (Kirkus Reviews, starred review). “Illuminating” (The New York Times), intimate, warm, and helpful, Samuel is a caring and deeply experienced guide through the shadowy and mutable land of grief, and her book is as invaluable to those who are grieving as it is to those around them. She adroitly unpacks the psychological tangles of grief in a voice that is compassionate, grounded, real, and observant of those in mourning. Divided into case histories grouped by who has died—a partner, a parent, a sibling, a child, as well section dealing with terminal illness and suicide—*Grief Works* shows us how to live and learn from great loss. This important book is “essential for anyone who has ever experienced grief or wanted to comfort a bereaved friend” (Helen Fielding, author of *Bridget Jones’s Diary*).

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